



Staff Training and Test

To train new office staff about this procedure return to our website home page. You will find a video demonstration of this procedure by clicking on the Training Video link. Review the facts below (which can be used as a test) and review the accelerator light manual to complete the training.

- 1) The presence of a white film on the gums that may appear after a treatment is called?
A) Cirulitis B) **Blanching** C) Peroxis D) Gingivitis
- 2) What strength percentage of Carbamide Peroxide gel is used in the whitening trays?
A) 15% B) 44% C) **25%** D) 35%
- 3) Sinsational Smile whitening gel is designed to minimize sensitivity while offering optimal results?
A) **True** B) False
- 4) The maintenance pen contains about how many applications of Carbamide Peroxide?
A) 30 B) 40 C) **60** D) 80
- 5) The patient should not drink coffee, tea red wine or any other dark pigmented drink or food for at least 24hrs after a treatment. This may cause discoloration.
A) **True** B) False
- 6) It is recommended that the patient use the take home maintenance pen on the evening of their treatment and ongoing to maintain their results.
A) **True** B) False
- 7) Carbamide Peroxide reacts faster than Hydrogen Peroxide and has less potential damage to teeth and gums.
A) True B) **False**
- 8) The maintenance pens can be sold separately as standalone whitening options as well as in combination with a treatment.
A) **True** B) False
- 9) It is best to perform whitening immediately after a cleaning, and to continue doing so every 6 months.
A) **True** B) False
- 10) Carbamide Peroxide is an oxidizing agent that removes stains by bleaching them out of the tooth enamel and tubules.
A) **True** B) False

- 11) The patient does not need to wear protective eye glasses.
A) True B) **False**
- 12) It is recommended that Brides/Grooms to Be, do not receive this treatment any sooner than 5-7 days prior the wedding day.
A) **True** B) False
- 13) One of the best oral rinses to sooth any soft tissue sensitivity is, Rincinol, by GUM
A) **True** B) False
- 14) It is not required that each patient complete a consent form prior each treatment.
A) True B) **False**
- 15) This procedure is not advised for children under age 14, or for pregnant or nursing mothers.
A) **True** B) False
- 16) The mouth tray is made of
A) Techniform B) Rubber C) **Silicone** D) Plastic
- 17) The light should be placed how far from the patient's mouth/silicone tray?
A) 2" B) 1/2" C) **1/4"**
- 18) If the patient needs suction it is best applied through the sides of the mouth without removing the tray.
A) **True** B) False
- 19) The "Menthol" in the Sinsational Smile whitening solution is used to:
A) **Reduce sensitivity** B) Enhance the whitening C) Improve the flavor
- 20) The Sinsational Smile light produces the recommended optimal output of 470(nm). Which type of light is it?
A) Laser Light B) **LED: Light Emitting Diode light** C) Ultra Violet Light
- 21) When using the light it is best not to bend the light arm aggressively at the base.
A) **True** B) False
- 22) It is best to give the patient post treatment guidelines so you can ensure the best outcome.
A) **Yes** B) No
- 23) When moving the light from room to room it is best to roll the light or lift it from under the control panel.
A) **True** B) False
- 24) Patients will apply the home care treatment solution directly to the teeth, in a thin film, using the brush applicator.
A) **True** B) False
- 25) The treatment tray is rinsed out and sent home with the patient to be used in conjunction with the home care treatment. It is used to isolate the solution from the lips and tongue.
A) **True** B) False